Tavern of the Seas:
The Maritime and Urban Heritage of
Pre- and Post-Apartheid Cape Town, South Africa

Summer Study Abroad Program
05 June to 19 June 2016
(As of 29 Oct 2015)

Sunday 05 June 2016 - Arrive in Cape Town
Your guide/facilitator will meet you at Cape Town International Airport and transfer you to your
accommodation in Cape Town. On route your guide will introduce you to the city and brief you as to
the program for the next few days.
Overnight at (TBA), double rooms, two beds each. 4 nights
Dinner (TBA) at a restaurant within walking distance to your accommodation.

Monday 06 June 2016 - Township Tour and Robben Island Tour
Morning visit to Langa Township. Informal settlements, known as townships, are a result of the history
of apartheid and the reality of current high unemployment levels and poverty in South Africa. None the
less, these magical spaces pay tribute to the spirit of human triumph and allow the visitor an insight
into South African culture that is hard to find anywhere else. You will learn what Ubuntu means as you
touch and live the authentic South African experience. The tour includes a historical account of
townships and allows the visitor an opportunity to visit various projects and community initiatives
designed for the upliftment of the community. We also have some fun by visiting a local school,
partaking in a drumming session and tasting some home brewed African beer!
Light lunch at the Waterfront.
This afternoon you will catch the ferry to Robben Island. Situated just a few kilometres offshore from
Cape Town, this barren windswept island was "home" to Nelson Mandela for almost 20 years. The
intention to silence anti-apartheid leaders by imprisoning them on Robben Island had the opposite
effect and the island became a focal point for international resistance to the apartheid regime. Today it
has become a symbol of freedom, the transformative power of forgiveness and a place of political
pilgrimage. The entire six square kilometer island is now a UN World Heritage Site.

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Dinner (TBA) at a restaurant within walking distance to your accommodation.

**Tuesday 07 June 2016 – Cape Town City Tour**
Today we explore Cape Town City, voted as one of the most beautiful cities in the WORLD! We visit the new and old city as we experience the various different cultures and architectural designs associated with this historical city. We will uncover the history of European settlement in South Africa - founded in 1652, this city has an interesting history which includes indigenous, Dutch and British settlement. Situated at the steep slopes of Table Mountain, Devil’s Peak, Lion’s Head and Signal Hill, Cape Town City is sure to excite your senses.
Museums to visit: South African Museum, Slave Lodge Museum and The District Six Museum.
Light lunch included in the city area.
Dinner (TBA) at a restaurant within walking distance to your accommodation.

**Wednesday 08 June 2016 – Explore more of Cape Town City & Lions Head Hike**
Today is an additional day to explore more of Cape Town City including the Castle of Good Hope, The Maritime Museum at the V&A Waterfront, The Chavonnes Battery at the Waterfront and a trip via Cable Car up Table Mountain.
Light lunch at the Waterfront.
Afternoon hike up Lions Head.
We head up Lions Head for an afternoon hike.
Dinner (TBA) at a restaurant within walking distance to your accommodation.

**Thursday 09 June and Friday 10 June 2016 – Cape Peninsula Experience**
Today we experience some of the most spectacular views in the world. We make our way through the Southern Suburbs of Cape Town and on to the Cape of Good Hope Nature Reserve where we spend the bulk of the day. We will visit Cape Point, a world renowned landmark, where we learn about the Portuguese discoverers who bravely explored the West Coast of Africa in the 15th C. We take in the natural beauty with a nature walk to the wreck of the SS Thomas T. Tucker where you will undertake a field study of the shipwreck.
Dinner, self-catering, we will buy food along the way to cook.
Overnight at Cape Point 2 nights.
Saturday 11 June 2016 – Simons Town and Kalk Bay Research.
We will base ourselves in Simons Town for the next two nights. On the first day we explore Simons Town and its museums.
Light lunch at Simons Town.
Dinner at a nearby restaurant in Simons Town

On the second day we head down to Kalk Bay to conduct research on the fishing industry. We conduct research and visit the nearby penguin colony.
Light lunch near Boulders Beach Penguin Colony.
Dinner at a nearby restaurant in Simons Town

Monday 13 June, Tuesday 14 June and Wednesday 15 June 2016
Cape Town Research Days
No guide or vehicle, your lecturer will present you with a research question and you will have access to Cape Town Library (near your accommodation) so that you can work on your research project.
Overnight at (TBA), double rooms, two beds each. 3 nights
All meals included.
Dinners (TBA) at a restaurant within walking distance to your accommodation.

Thursday 16 June 2016 – Overland down the Garden Route to Mossel Bay
Today we visit Vergelegen Wine Estate for a wine tasting and a visit to their historical library.
Thereafter we continue on route out of Cape Town and towards Mossel Bay.
Afternoon travelling time, light lunch on route
2 nights in Mossel Bay (Shared Backpacker accommodation)
Dinner at a nearby restaurant.

Friday 17 June 2016 – Shark Cage Dive in Mossel Bay
20 minute boat ride into the Bay, Arriving at anchor site, you will receive a briefing concerning the do’s and dont’s of cage diving. The crew will immediately start to chum the water to attract the sharks

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which consists of natural marine products and fish which is natural to their diet. The chum creates a slick which drifts with the current and this shiny, oily trail is easy to spot from the boat. Once the sharks are around the boat and comfortable with the boat the cage will be dropped into the water and attached to the side of the boat.
Dinner at a nearby restaurant.

Saturday 18 June 2016 - Bottlerskop Wildlife Experience
4x4 Game Drive in the morning.
**OPTIONAL** Walk with Lions in the afternoon.
If you want to do both activities you will have to pay for the second activity.
Dinner on route to Cape Town.
Overnight close to Cape Town International Airport.

Sunday 19 June 2016 - Departures
Make your own way across to the airport for departures.